

ANCIENT MEDICATIONS

TOP EIGHT ANCIENT
MEDICATIONS

BENEFITS - HOW TO USE - LONG TERM
EFFECTS



SACRED&TREE



contents

** INTRODUCTION

01 AYAHUASCA

02 HUACHUMA AND
PEYOTE (CACTUS)

03 BUFO

04 KAMBO /FOREST
VACCINE

05 RAPÉ

06 YOPO

07 MAGIC MUSHROOM

08 MAD HONEY



INTRODUCTION

The spirits of the ancient ancestral medicines are wise and respect your free will and choices. Therefore, choose your intention wisely; Experience these remedies as a tool for the benefit of the whole – to know yourself, to heal. Do not be a fan of these ancient spirits, nor your crystals, nor of your totems, nor healers. Fall in love with what you see in the mirror, not the mirror. This is you. You are one with your light and your darkness; Being whole is your healing. Honor the call in your heart (Self) and travel thousands of miles to hold that hand if necessary. Remember that these ancient ancestral medicines also traveled thousands of kilometers to meet you.



01 AYAHUASCA

Ayahuasca (Grandma): has been healing the natives of South America for thousands of years. The human being, of his reality and purpose of life; It is an ancient plant that brings people to the realization of their universal integrity and universal unity. By facilitating the overcoming of the ego, it allows people to reach themselves in their inner journey. The Ayahuasca experience is personal, and each person is on the path of their essence through a different journey.

Ayahuasca, which contains the spirit molecule (DMT), is used in the world to treat mental disorders such as depression, anxiety, panic attacks, addiction, and the treatment of many diseases, including cancer, as well as has been experienced to reach high spirituality level.

Ayahuasca is an ancient herb that has the most scientific research in the world and is said to have the power to heal many ailments.

From the University of São Paulo, Studies by Dr. Rafael Guimarães in collaboration with the Netherlands International Center for Ethnobotanical Research have shown that, among all its other effects, Ayahuasca increases the number of NK cells, which are the general protectors of the immune system. These findings are consistent with the findings of Dr. Friedman and Dr. Irwin from the University of California. Friedman and Irwin showed in their studies that the immune system is strengthened by the adaptation of the sympathetic nervous system and the regulation of cortisol values, which is one of the most outstanding medical effects of Ayahuasca sessions. From the Department of Pharmacy at the University of São Paulo, Dr. Melissa Cavalheiro Tourino proved that the use of Ayahuasca activates immune cells that attack tumours in the blood. In short, Ayahuasca strengthens your immune system and protects you against viruses and other diseases.





HOW IT USED

Ayahuasca is used as a tea made from the boiling of the ayahuasca plant for 4-6 hours. The dose is determined by the shaman depending on the guest's ability to receive the dose.



LONG TERM EFFECTS

It is concluded that ayahuasca produces sub-acute and long-term improvements in effect and cognitive thinking style in non-pathological users. These data highlight the therapeutic potential of ayahuasca in the treatment of mental health disorders, such as depression, finding the life purpose, improving self-esteem, realizing your internal why, bringing you to a higher consciousness dimension, connecting with the archetype (higher-self), increasing the ability to use the power of the mind for self-healing, and increase the creativity level of life and business.



02 HUACHUMA AND PEYOTE (CACTUS)

Huachuma (San Pedro cactus) and Peyote (Grandpa) are considered by the North American Indians and especially the Incas as healers with spiritual power and healing properties. It is used as a healer in the treatment of many diseases, including depression, anxiety, and cancer.

Believed to carry shamanic wisdom, Grandfather has masculine energy and is connected with spirituality, nature and connects to the balance of unity with the universe.

Dr. Richard Evans Schultes describes the plant's medicinal properties in his book on Peyote's medicinal properties. The book contains an impressive list of Cactus to treat diseases effectively. Dr. Stacey Shaefer states that Peyote is an effective cure in cancer treatment because of its ability to increase the growth hormones GH and increase the immune response against cancerous tumors.

San Pedro is used as a tea made from the boiling of the Cactus plant for 12 hours. The dose is determined by the shaman depending on the guest's ability to receive the dose.

San Pedro has long been considered a powerful agent for healing and change, making it a central component of the shamanic ceremonies of many indigenous groups in the Americas. For many, a San Pedro journey offers deep insight into the self and the universe, giving one a greater sense of connection and spirituality. Mescaline is also known for fostering compassion and gratitude, while alleviating psychological disorders such as anxiety, depression, PTSD, Cancer, addiction, balancing chakras energy, and connecting with the higher self.

Mescaline has also been shown to help people solve problems, access their creativity, be more environmentally conscious, and improve learning. In its original use, plant medicine was also used to treat several ailments, including snake bites, wounds, skin conditions, and general pain.



03 BUFO

It is a toad secretion from the Sonora desert. When you inhale its smoke, you have the opportunity to experience merging with wholeness in eternity and eternity. In general, those who experience Ayahuasca say that the 6 hours experiences are compressed into 20-40 minutes and that it is a unique state of consciousness.

However, the effects are longer-lasting—like a sustained enhancement of satisfaction with life that also eases the effects of depression, anxiety, and post-traumatic stress disorder (PTSD).

HOW IT USED

By drying toad secretion then inhalation of vapor.

LONG TERM EFFECTS

An observational study in 2019 in Europe on 24 Individuals who inhaled vapor from dried toad secretion at several European locations, found that A single inhalation of vapor from dried toad secretion containing 5-methoxy-N, N-dimethyltryptamine (5-MeO-DMT) in a naturalistic setting is related to sustained enhancement of satisfaction with life, mindfulness-related capacities, and a decrement of psychopathological symptoms.



04 KAMBO /FOREST VACCINE

The way of using Kambo (Usually applied to the shoulder area) is by lightly burning with a special stick. The secretion is driven into this area.

The medicine starts to enter the body subcutaneously begins to circulate and scan through the body. After the Kambo travels through the whole body and works on the problematic areas, it moves to the brain and performs its spiritual cleansing. Eventually, all toxins are released from the liver to the bile, and this bile is completely cleared by vomiting. After 15-20 minutes of rest, the person says hello to the world renewed with a feeling of extreme relaxation.

Kambo has healing power for depression, anxiety, cancer, Alzheimer's, circulatory disorders, digestive disorders, immune system, sexual problems, viral problems, migraine, Parkinson's, addiction problems (drugs, alcohol, smoking, gambling, sex addiction).



Nobel laureate scientist Prof. Dr. Vittorio Er-Spamer stated that as a result of research on Kambo, it is the most powerful peptide cocktail on the planet. In later studies, it was determined that Kambo crossed the blood-brain barrier in the body and had very strong effects. Preventing the spread of cancer has increased its popularity in the world.

Important information!

It has been determined that those who received the Kambo vaccine within 1 year survived without experiencing the symptoms of the disease, even if they caught Covid-19. (It is recommended to take 3 sessions per year for the best effect.)

The powder is used for medicinal purposes by many indigenous tribes such as Yawanawa, Kaxinawa-Huni, and Katarina.

Rapé mainly works on the spiritual level. It helps to reveal mentally perceived thought patterns, frees the energetic body from external energies, opens and connects the chakras. At the heart level, it releases Panama, which works against blockages and a lack of strength or willpower. On a physical level, Rapé clears and detoxifies the sinus. Toxins are excreted along with the mucus. It also grounds the body.



06 Yopo

Yopo is a tree native to South America and the Caribbean, also known by its scientific name, *Anadenanthera peregrina*. (Yopo is straight-up a better name though.)

In the world of Endogeny, where Sanpedro is introduced as the grandfather and ayahuasca as the grandmother, we can call Yopo an uncle. This powder medicine, which looks like a mixture of other ancient tools in terms of its content, conveys its healing to us with slightly more masculine energy, which transports us to a completely different field. Generally, it allows us to take a step back from the whole system of personalities and observe them together and watch their relationship with each other and their becoming. During Yopo, the process usually goes very fast and sometimes leaves us in confusion that is difficult to grasp, but as in all other sessions, what we need to remember stays with us.

This ancient healing, which accompanies us on the way of observing ourselves as we put on and come out of them, is a very powerful tool that leads us to understand this ancient point of surrender.

Yopo is given with ayahuasca due to its compatibility with other ancient tools, and ayahuasca taken after it can allow us to digest this rapid process and bring it to consciousness.

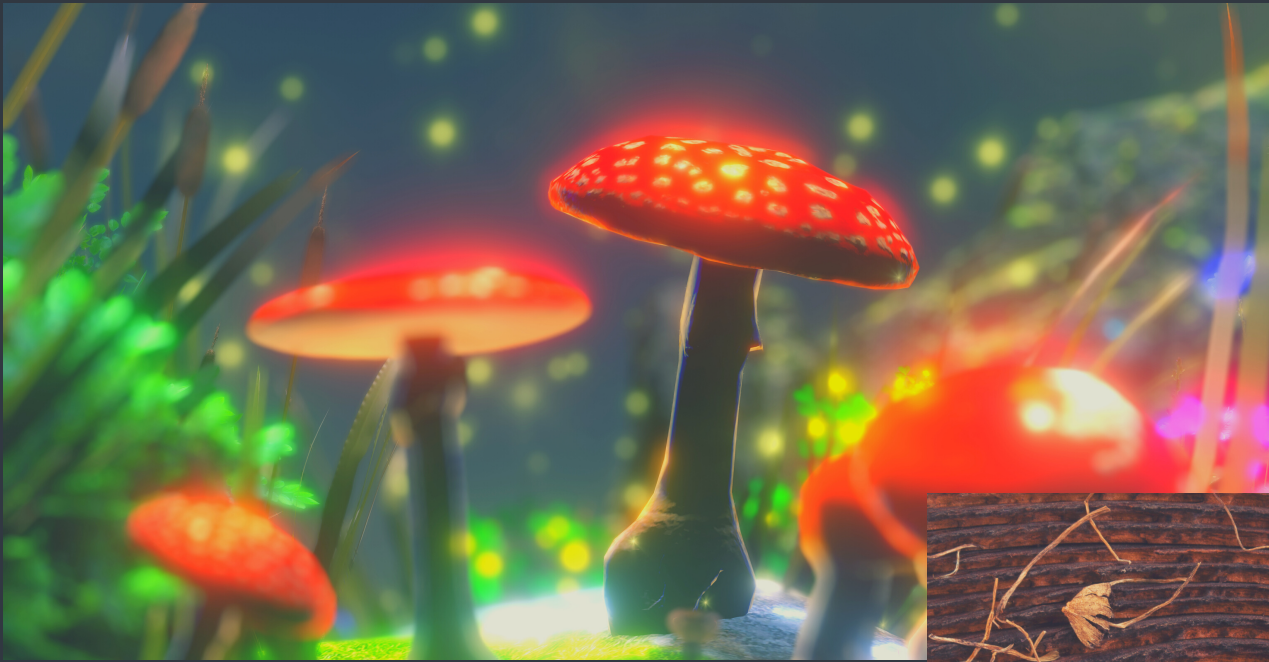
HOW TO USE

People prepare Yopo snuff by heating the beans until they separate from their shells. Once the inner beans are fully dried out, they're crushed down into a fine powder. This is then mixed with ash, lime powder, or even baking soda in a 1:1 ratio.

LONG TERM EFFECT

Users commonly report a deep feeling of inner peace and contentment after the experience ends, communicating with spirits inside everyday objects, profound and intense insight.





The Research on Psilocybin Therapy Shows is its ability to address a few different types of conditions. “The most promising potential is for addiction—smoking, alcoholism, cocaine,” says Matthew W. Johnson, Ph.D., a professor of psychiatry at Johns Hopkins University and associate director of the Center for Psychedelic & Consciousness Research. His ongoing pilot study on nicotine addiction has found that 80% of participants who underwent psilocybin therapy quit smoking, and 60% of them were still abstinent 16 months later—impressive compared to the 35% success rate of varenicline, the most effective of other smoking cessation therapies. “The idea that something could be efficacious for multiple substances is, itself, very atypical and exciting,” says Johnson. “There’s a very good case that psilocybin can treat the psychology of addiction, not just alleviate the withdrawal symptoms and reduce cravings.”



In addition to treating addiction, psilocybin has also shown impressive results in treating depression and death anxiety. For instance, one small recent study published in JAMA Psychiatry found that patients with major depressive disorder experienced significant improvement after being treated with psilocybin in combination with psychotherapy, and more than half were in remission four weeks afterwards. “The most advanced work is with patients with life-threatening cancer, where we saw dramatic reductions in depression and anxiety that showed persistent benefits six months later, which is extremely atypical,” says Dr. Johnson.

Beyond those applications, helps also in anorexia, Alzheimer’s (related to both depression and cognitive decline), post-traumatic stress disorder, demoralization syndrome (suffering characterized by feelings of hopelessness and loss of purpose/meaning in life) experienced by long-term HIV survivors, and obsessive-compulsive disorder, connect to the inner child, healing old traumas, spiritual connections, and improving the creativity level, and increase the intuition.

To use mushrooms, mushrooms are dried and then eaten dried or crushed and mixed with honey or chocolate.

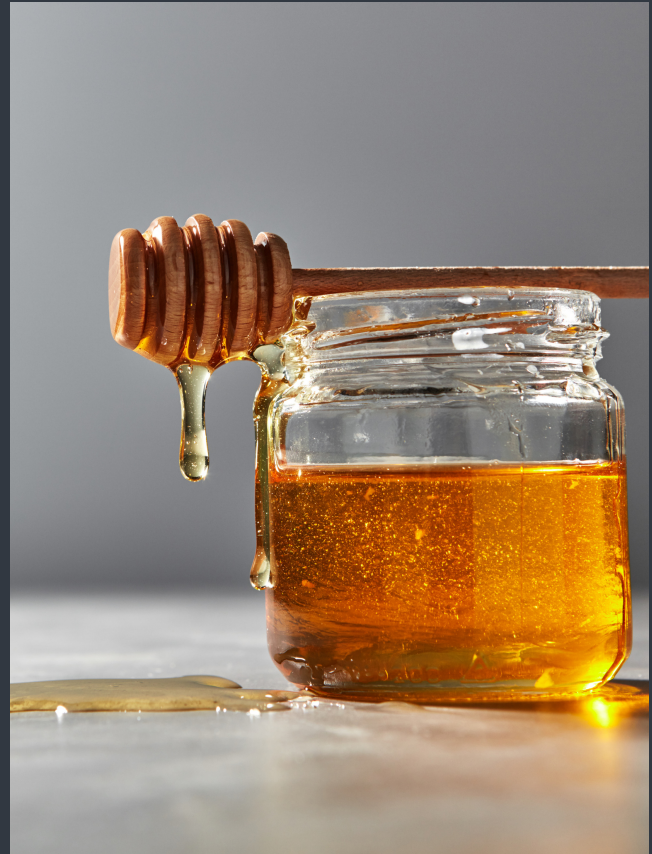
The dosage depends on the person's weight and mental and physical condition

HOW TO USE

Mad honey is different from commercial/market honey as it is contaminated with grayanotoxin; it is known as mad honey due to its psychedelic/hallucination effects

Unsurprisingly, some people seek out mad honey and pay a premium for it. As National Geographic reports, harvesters risk their lives to raid beehives for the honey. Devotees say it has medicinal benefits, claiming that it helps with arthritis and sexual performance, among other things.

Mad honey is made by bees that feed on rhododendron flowers, which give it its psychoactive effects. Rhododendrons, evergreen flowering plants that grow in temperate, mountainous areas around the world, contain chemicals called grayanotoxins.



Mad honey is employed for various purposes, which are different from those of regular honey. It is used as an alternative medicine used for hypertension, diabetes (hyperglycemia and related complications), flu, gastrointestinal disorders (peptic ulcers, gastritis, dyspepsia, indigestion, bowel disorders, and other discomforts), abdominal/gastric pain, arthritis, stimulating sex (dysfunction, impotence, enhancement, and performance), various viral infections, skin ailments, pain, and cold. The antiradical bioactivities, such as antidiabetic, anti-inflammatory, antioxidant, analgesic, antimicrobial, cytotoxic, and insecticidal, of Rhododendron species are also well established.

HOW TO USE

To use the Mad honey the user needs to eat around 1 food spoon of the Mad honey.

YOU MAY BE THE CHOSEN ONE

There are several plant medicine retreats available based on your needs, starting from one day up to eight, in the beautiful Spiritual area surrounded by mountains and lakes.

Every ceremony is supported by experienced shaman breath work, music therapy, and integration, additionally, we provide food and accommodation, airport transfer, and workshops based on your needs.

As an NGO we charge only for the materials, and organizational expenses to make plant medicine healing available for everyone who needs this



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